



# Illness and Injury Policy

Last updated 11.04.11

Play Service

Our policy is to encourage and promote good health and hygiene for all the children in our care. This includes monitoring the children for signs and symptoms of illness.

A copy of this policy is provided to parents on registration of each new child.

With the welfare of the sick child in mind and in the interests of the remaining children at club, if in the opinion of the staff a child is ill the following will be done:

- The parent/carer will be contacted and requested to collect him/her as soon as possible.
- If the parent/carer cannot be contacted the other contact names will be called including emergency contacts.
- During this time the child will be made to feel comfortable and if necessary will be provided with a separate area to rest.
- In the event that the illness is contagious or infectious the club will request further information from the parent of the child. This information will be passed on to all parents and carers. In some cases the manager of the club will require a doctors certificate from the families GP stating that the child has returned to good health before re-admitting him/her.
- We will inform Ofsted and local child protection agencies of any serious accident or injury to, or serious illness of, or the death of, any child whilst in our care, and act on any advice given.
- At least one person who has a current paediatric first aid certificate will be on the premises at all times when children are present.
- We will maintain a well stocked first aid box with appropriate content

The club keeps a record of accidents and first aid treatment. We will inform parents of any accidents or injuries sustained by their child whilst in our care and of any first aid treatment given and parents will sign to confirm they have been informed.

Children's Centres • Early Years • EYDCP • Training • Family Information Service • Play Service

## Exclusion procedure for illness / communicable diseases

If a child shows signs of illness please do not bring them into club as it is unfair to them, other children and the staff.

Disease/Illness	Incubation Period	Minimum Exclusion Period
Antibiotics prescribed	N/A	48 hrs / First day at home
Temperature	N/A	If sent home ill, child must be off for 24 hours
Vomiting	6-48hrs	If sent home ill, child must be off for 24 hours
Conjunctivitis	1-3 Days	Keep at home for a minimum of 1 day; longer if eyes still weeping
Diarrhoea	6-48hrs	24 hours after first normal bowel movement
Chickenpox	2-3 Weeks	7 days from appearance of the rash
Gastro-enteritis, food poisoning, salmonellosis and dysentery	Varies	24 hours or for notifiable diseases, until advised by the relevant public health official
Infective hepatitis	2-10 Days	7 days from onset of jaundice
Measles	1-2 Weeks	7 days from appearance of the rash
Meningococcal infection	2-10 Days	Until recovered from the illness
Mumps	3 Weeks	Until the swelling has subsided, no less than 7 days from onset of illness
Pertussis (whooping cough)	1-2 Weeks	21 days from the onset of paroxysmal cough
Poliomyelitis	1-3 Weeks	Until declared free from infection by the appropriate public health official.
Scarlet fever and streptococcal infection of the throat	1-3 Days	Until appropriate medical treatment has been given, no less than 3 days from the start of treatment
Tuberculosis	4-12 Weeks	Until declared free from infection by the appropriate public health official
Typhoid fever	1-3 Weeks	Until declared free from infection by the appropriate public health official
Impetigo	N/A	Until the skin is healed
Pediculosis (lice)	N/A	Until appropriate treatment has been given
Plantar warts	N/A	No exclusion. Should be treated and covered
Ringworm of scalp	N/A	Until cured
Ringworm of body	N/A	Seldom necessary to exclude provided treatment is being given
Scabies	N/A	Need not be excluded once appropriate treatment has been given

Diseases notifiable (to Local Authority Proper Officers) under the Health Protection (Notification) Regulations 2010:

- Acute encephalitis
- Acute meningitis
- Acute poliomyelitis
- Acute infectious hepatitis
- Anthrax
- Botulism
- Brucellosis
- Cholera
- Diphtheria
- Enteric fever (typhoid or paratyphoid fever)
- Food poisoning
- Haemolytic uraemic syndrome (HUS)
- Infectious bloody diarrhoea
- Invasive group A streptococcal disease and scarlet fever
- Legionnaires' Disease
- Leprosy
- Malaria
- Measles
- Meningococcal septicaemia
- Mumps
- Plague
- Rabies
- Rubella
- SARS
- Smallpox
- Tetanus
- Tuberculosis
- Typhus
- Viral haemorrhagic fever (VHF)
- Whooping cough
- Yellow fever

As of April 2010, it is no longer a requirement to notify the following diseases: dysentery, ophthalmia neonatorum, leptospirosis, and relapsing fever.

Whilst every effort has been made to ensure the accuracy of the information provided, The Out of School Development Team cannot accept responsibility or liability for any errors which may have occurred. This policy has been created as an **example only**. Providers must write their own policy specific to their setting.