



NORTHOLT

- **Active Ealing: Keep on Moving** 78
- **Active Ealing: Kids Swim for Free** 79
- **Active Ealing: Swimming Lessons Crash Courses** 80
- **Ealing Library Service** 81
- **Ealing Play Service Play Centre** 82
- **Ealing Play Service: Children's Centres** 83
- **Ealing Play Service: Holiday Play Schemes** 84
- **Hungry Caterpillar Day Nurseries Ltd:
Summer Holiday Kiddy Club** 85
- **Soul in Northolt and Greenford:
Youth Café including sports and arts workshops** 86
- **Youth & Connexions Service: Ken Acock Youth &
Community Centre Football Tournaments** 87
- **Youth & Connexions Service: Ken Acock Youth &
Community Centre Summer Activities** 88

Active Ealing: Keep on Moving

Age Range: 5 - 18 years

Now in its second year, Keep on Moving West London again presents a week of wheelchair training which ensures that children are safe when using their mobility equipment and that they can have loads of fun and independence.

Skills include basic manoeuvring, opening doors, orienteering, wheelchair sports, hazard awareness, road safety and much more...

Venue:

John Chilton School, Compton Crescent, Northolt, UB5 5LD

Dates & Times:

Monday 30 July to Friday 3 August
10.00am - 12.30pm

Cost:

Free

Contact:

To book on the course and for more information call Hannah Tucker, Whizz Kidz, 020 7233 6600

Active Ealing: Kids Swim for Free

Age Range: Under 16 years

With a 'Kids swim for free pass', children aged under 16 who live or attend school in the borough of Ealing can swim for FREE for limited periods*.

These fun swim sessions are a great way to introduce children and families to the benefits of taking part in physical activity.

To take part in this FREE swimming scheme, visit www.ealing.gov.uk/sports where you can print and complete a Kids Swim for Free application form.** Take your completed form along to the centre where you wish to swim at and you'll then be issued with a pass.***

Venue:

Northolt Swimarama, Eastcote Lane North, UB5 4AB

Dates & Times:

Monday 30 July to Friday 3 August

Tuesday 28 August to Friday 31 August

2.00pm - 4.00pm

Cost:

Free

Contact:

020 8422 1176

* Subject to demand 2 X 50min sessions may be offered and terms and conditions apply.

** Forms are also available from participating centres.

*** The pass MUST be shown each time you want to enjoy a free swim session.

Active Ealing: Swimming Lessons Crash Courses

Age Range: Under 16 years

Levels: Aqua Tots 2 to Intermediate 1. All swimmers must wear a swimming hat. Lessons will run subject to minimum numbers being met and must be booked at least one week in advance of the course start date.

ONLINE BOOKING is now available! Log onto www.gll.org and follow the London Swim School link.

Venue:

Northolt Swimarama, Eastcote Lane North, UB5 4AB

Dates & Times:

Monday 30 July to Friday 31 August (except bank holidays)

Courses available at 9.00am - 11.00am (30 minutes per class)

Cost:

£22.50 per week / £17.25 (with Junior Leisure Pass)

Contact:

020 8422 1176

Ealing Library Service

Age Range: 4+

Come and join in the “Big Wild Read” at your local library. Read great books and collect prizes along the way. Read six books over the Summer Holidays and you will receive a medal.

Meet library staff at the “Summer Festival” in Walpole Park on July 21st & 28th where you can sign up for the “Big Wild Read” or go along to your local library and register there.

Venue:

Northolt Library, Church Road, UB5 5AS

Dates & Times:

Friday 10 August and Friday 24 August 10.30am - 12.00pm

Storytime every Tuesday 2.00am - 2.30pm

Cost:

This event is free but is ticketed due to limited space. Please call in advance before bringing groups.

Contact:

020 8845 3380

Ealing Play Service: Play Centre

Age Range: 0 - 8 years

There is a full programme of children's activities, which will include arts & crafts and a range of toys for outside play. There is also a play area in an attractive park setting. For older children there is also a multi use games area at the back of the play centre, which includes football and basketball. All children must be accompanied by an adult.

Venue:

Islip Manor Park Play Centre, Islip Manor Park, Eastcote Lane

Dates & Times:

Monday to Friday

10.45am - 3.15pm

(Open all year round)

Cost:

Free

Contact:

Pat Ash on 020 8845 0231

Ealing Play Service: Children's Centres

Age Range: 0 - 12 years

Northolt Park Children's Centre - Multi use games area and skateboard ramps, adventure playground and under fives play area.

Limetrees Children's Centre - Five a side football pitch & under fives play area with a large sandpit.

Children under 8 must be accompanied by an adult.

Venue(s):

Northolt Park Children's Centre, Off Newmarket Avenue

Limetrees Children's Centre, Thorndike Avenue

Dates & Times:

Monday to Friday

11.00am - 5.00pm

Cost:

Free

Contact:

Nikki Gilland on 020 8864 7614 (Northolt Park)

Margie Hunt on 020 8845 3807 (Limetrees)

Ealing Play Service: Holiday Play Schemes

Age Range: 5 - 12 years

This is a childcare scheme where Play Service staff care for children all day to enable parents/carers to work or undertake training. There will be an exciting programme of activities including arts and crafts, games, sport, outings etc. The children will be provided with light snacks but need to bring a packed lunch.

Venue:

Petts Hill Primary School, Newmarket Avenue, UB5 4HB

Dates & Times:

Monday 30 July to Friday 24 August

8.30am - 5.45pm

Cost:

£55.00 per week. £50.00 per week for siblings

Contact: 020 8825 5659

Hungry Caterpillar Day Nurseries Ltd: Summer Holiday Kiddy Club

Age Range: 3 months to 5 years & 5 to 11 years

As an extension of our full kids club programme we open up places at our nursery for under 5's during school holidays. The children access the nursery day with a full and varied activity programme on offer.

Venue:

Hungry Caterpillar Day Nurseries & Kids Club, LA Fitness (Dragons Health Club), Rowdell Road, Northolt, UB5 6AG

Dates & Times:

Monday 23 July to Friday 31 August
9.00am to 5.00pm

Cost:

Half Day 9.00am to 1.00pm / 1.00pm to 5.00pm - £13.00
Full Day 9.00am to 5.00pm - £23.00
Full Week Monday - Friday 9.00am to 5.00pm - £100.00

Contact:

Olivia Foley or Sue Hooper on 01895 678 672

Email:

oliviafoley@aol.com

Soul in Northolt and Greenford: Youth Café including sports and arts workshops

Age Range: 8 - 14 years

A drop in youth café with free arts, crafts, games and sports. Also chances to take part in professionally run workshops in sports, dance, drama, music and creative arts. Affordable food and drink. All activities free.

Venue:

The Dovetail Centre at St Josephs Church, Beauvais Terrace, Off Yeading Lane, Northolt, UB5 6JD

Dates & Times:

Monday 20 August to Friday 24 August
12.00pm - 4.00pm

Cost:

All activities free (Small charge for café refreshments)

Contact:

Jo Taylor/Sue Church on 020 8842 4766

Email:

stjos@tiscali.co.uk

Youth & Connexions Service: Ken Acock Youth & Community Centre Football Tournaments

Age Range: 13 - 19 years

Please enter through school gate 'C' on Eastcote Lane or the school pedestrian gate on Eastcote Lane

Venue:

Northolt High School, Eastcote Lane, UB1 3HX

Dates & Times:

Thursday 26th July and Friday 27th July
10.00am - 12.30pm

Cost: Free*

Contact: Ken Acock Youth & Community Centre for details and dates on 0208 423 5190 or 0208 423 9876.

*Consent form required for some activities. Please contact above number and leave a clear message with address and phone number and a form and programme will be sent to you.

Youth & Connexions Service: Ken Acock Youth & Community Centre Summer Activities

Age Range: 13 - 19 years

Activities include graphic art/urban art sessions, cookery and art sessions, music production, DJing and dance. Also include IT skills, including animation and film.

Trip out on the Thursday 30th: Participants must attend two previous days for trip eligibility and meet age requirement. Consent form required one week prior to trip.

Please bring a packed lunch for all days.

Venue:

Ken Acock Youth & Community Centre, Carr Road, UB5 4RQ

Dates & Times:

Wednesday 8 August to Friday 10 August 12.00pm - 6.00pm

Tuesday 28 August to Friday 31 August 12.00pm - 6.00pm

Cost:

FREE*

Contact:

Ken Acock Youth & Community Centre for details and dates on 0208 423 5190 or 0208 423 9876.

*Consent form required for some activities. Please contact above number and/or leave a clear message with address and phone number and a form and programme will be sent to you.