



# **GREENFORD & PERIVALE**

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## Active Ealing: Golf Beginner Course

**Age Range:** 5 - 7 years

The most important element of these coached courses is FUN. Together with encouragement and motivation from coaching staff, children will learn everything they need to know about playing golf. Ealing is a registered Junior Golf Starter Centre.

**Venue:**

Perivale Park Golf Course, Stockdove Way, Perivale, UB6 8TJ

**Dates & Times:**

Thursday 16 August  
11.00am - 12.00pm

**Cost:**

£3.60 (£2.90 with Junior Leisure Pass)

**Contact:**

Active Ealing on 020 8825 6161

## Active Ealing: Golf Junior Courses

**Age Range:** 5 - 14 years

The most important element of these coached courses is FUN! Together with encouragement and motivation from coaching staff children will learn everything they need to know about playing golf. Children will be given their very own 16-page booklet\* from the Golf Foundation's Junior Golf Passport scheme. Coaching staff will use this to record a child's progress helping to set young people up for a lifetime of fun, playing golf. Ealing is a registered Junior Golf Starter Centre. Participants also receive a certificate of attendance.

**Venue:**

Perivale Park Golf Course, Stockdove Way, Perivale, UB6 8TJ

**Dates & Times:**

Monday 6 August to Friday 31 August

10.00am - 11.00pm (8 - 14 years)

Thursday 16 August

11.00am - 12.00pm (5 - 7 years)\*\*

**Cost:**

£18.00 per week (£14.50 with Junior Leisure Pass)

£3.60 for 16 August session only (£2.90 with Junior Leisure Pass)

**Contact:**

Active Ealing on 020 8825 6161

\* Please note participants on one day courses do not include the Junior Golf Passport booklet.

\*\* Parents/guardians of 5–7 year olds must stay at the golf course throughout the lesson.

## Active Ealing: Gym Workout Sessions

**Age Range:** All current members

During the school holidays the gyms at these centres are open to young people everyday, allowing them use of the fitness equipment in the cardio theatre. Qualified instructors offering guidance and advice on training programmes supervise the sessions.

**Venue:** Greenford Sports Centre, Ruislip Road, UB6 9RX

**Dates & Times:**

Monday 23 July to Sunday 2 September  
10.30am - 4.00pm

**Cost:**

£3.50 (£1.50 Junior Leisure Pass)\*

**Contact:**

020 8575 9157

**Email:**

GreenfordSC@ealing.gov.uk

\*Greenford Sports Centre is open to all our current members during the summer holidays at a discounted rate.

## **Active Ealing: Kenshukai Karate - Martial Arts Self Defence Crash Course**

**Age Range:** 6-14 years

Fun filled self defence course where young people will learn the art of martial arts and self defence.

**Venue:**

Greenford Sports Centre, Ruislip Road, UB6 9RX

**Dates & Times:**

Monday to Friday

12.00pm - 1.00pm

(Dates to be confirmed)

**Cost:**

£15

**Contact:**

020 8575 9157

**Email:**

GreenfordSC@ealing.gov.uk

## Active Ealing: Multi Sport Activity Sessions

**Age Range:** 4 - 14 years

No need to book in advance for these sessions - just turn up and play!

Supervised activities may include trampolining, mini tennis, football, bouncy castle, badminton and basketball.

Children can continue the holiday session until 5pm with a full length 5 'A' Side league, supervised by our qualified staff.

Children under the age of 8 must be accompanied by an adult.

**Venue:**

Greenford Sports Centre, Ruislip Road, UB6 9RX

**Dates & Times:**

Monday to Friday 23 July - 24 August

10.30am - 12.30pm (4 - 9 yrs)

1.30pm - 4.00pm (10 -14 yrs)

4.00 - 5.00pm Football Fun Five 'A' Side (10 - 14yrs)

**Cost:**

£2.50 (£1.80 Junior Leisure Pass) per session

Five a side football £1 extra per session

**Contact:**

020 8575 9157

**Email:**

GreenfordSC@ealing.gov.uk

## Active Ealing: “Star:track” Athletics Scheme

**Age Range:** 8 - 14 years

Coached athletics fun and games, enabling young people of all abilities to practice and improve their running, jumping and throwing skills. This national scheme is co-ordinated by UK Athletics in partnership with Norwich Union.

Experienced coaches supervise games and competitions leading up to a ‘Grand Prix’ finale at the end of the week. Participants will receive certificates of achievement and a goody bag. Gold, silver and bronze medals will be awarded to those in winning teams by a guest athlete.

**Venue:**

Perivale Park Athletics Track, Stockdove Way, Perivale, UB6 8TG

**Dates & Times:**

10.30am - 3.30pm \*

Monday 30 July to Friday 3 August

Monday 20 August to Friday 24 August

**Cost:**

£36.00 per week (£27.80 Junior Leisure Pass)

**Contact:**

Active Ealing on 020 8825 6161

\* Note: Finish time on Friday is approximate and will change depending on the weather and the number of participants.

## Ealing Library Service

**Age Range:** 4+

Come and join in the “Big Wild Read” at your local library. Read great books and collect prizes along the way. Read six books over the Summer Holidays and you will receive a medal.

Meet library staff at the “Summer Festival” in Walpole Park on July 21st & 28th where you can sign up for the “Big Wild Read” or go along to your local library and register there.

**Venue:**

Wood End Library, Whitton Avenue West, Greenford, UB6

Perivale Library, Horsenden Lane South, Greenford, UB6

Greenford Temporary Library, Oldfield Lane South, Greenford, UB6

**Dates & Times:**

Wood End Library Thursdays 9 & 23 August 2.30pm - 3.30pm

Baby Bounce ‘n’ Rhyme time every Friday 10.00am - 10.30 am

Perivale Library Thursdays 2, 16, 30 August 2.30pm - 3.30pm

Storytime every Thursday 10.30am - 11.00am

**Cost:**

This event is free but is ticketed due to limited space. Please call in advance before bringing groups.

**Contact:**

020 8422 3965 Wood End

020 8997 2830 Perivale

020 8567 5041 Greenford

## Greenford Carnival

**Age Range:** All ages

Greenford Carnival is being re-launched this year and will be the first event of the LBE “Summer Festival” calendar. We are working closely with the local community and have engaged many organisations to produce a fantastic day of music, sport, dance and fun, all infused with a heavy mix of community.

**Venue:**

Ravenor Park, Greenford, UB6

**Dates & Times:**

Saturday 7 July  
12.00pm - 7.00pm

**Cost:**

£1 entrance fee

**Contact:**

Angela Baptiste on 020 8825 6051

**Email:**

baptistea@ealing.gov.uk

**Website:**

[www.ealing.gov.uk](http://www.ealing.gov.uk)

## Greenford Community Centre: Summer Play Scheme

**Age Range:** 0 - 12 years\*

Provides activities that are both safe and stimulating and meet the educational and creative needs of the children. Including a bouncy castle every day. Parents & carers welcome to stay.

**Venue:**

Greenford Community Centre, 170 Oldfield Lane South, Greenford

**Dates & Times:**

Monday 31 July to Friday 24 August  
9.30am - 12.00pm

**Cost:**

£3.50 per session

**Contact:**

Lorraine Bennett on 07985 724 542

\*Parent/Carer must stay with the under fives